



Brianna Ngwa
DNP, APRN,
AGNP-C

About My passion for geriatrics as a Primary Care Nurse Practitioner is driven by my high energy and positive outlook, which fuels my commitment to enhancing and optimizing the lives of older adults. I am dedicated to providing comprehensive, patient-centered care plans that focus on quality of life as directed by each patient's heard choices, visions, and goals of care.

By fostering a collaborative, supportive environment, I strive to make a holistic, meaningful impact throughout my patient's adult life and in their final journey, while providing grace, guidance, and education to their family throughout the process as well.

Credentials Board Certifications or Re-certifications:

Certified Adult-Gerontology Primary Care Practitioner | American Academy of Nurse Practitioners

Professional Interests: Chronic Disease Management | Advance Care Planning | Polypharmacy **Education:** Bachelors in science in Nursing, Winona State University | Master of Science in Nursing, St. Catherine University | Doctor of Nursing Practice, St. Catherine University



Anil Kumar
MD

About I have been involved with Family Medicine for over 20 years and appreciate the special bonds I have developed with my patients, especially older adults, whom I am grateful to serve with empathetic and compassionate care. I consider it a privilege to work with older adults and their families, learning daily from these repositories of living history, and believe their care is the most rewarding role in the practice of medicine.

Credentials Board Certifications or Re-certifications:

American Board of Family Medicine **Professional Interests:** Chronic Disease Management | Mental Health | Volunteer Health Work | Treatment of underserved populations

Education: Ramsey Family and Community Medical Residency Program, St. Paul | Doctor of Medicine, Kasturba Medical College. Manipal | Bachelor of Science. University of Alberta. Edmonton, Canada

