



Brianna Ngwa
DNP, APRN,
AGNP-C

About From a very young age, I knew I was destined for health care and to impact those living with complex or chronic diseases. For the past 12+ years, my nursing career has led me down a laser focused path of caring for the aging adult population. Wherever seniors call home, I have been privileged to be able to be a part of their care.

My ongoing practice as a Geriatric Nurse Practitioner will focus on delivering high quality and evidence-based primary care for aging adults with complex or chronic health conditions. I feel it is vital that each individual feels heard and involved in their care with planning focused on the individual's defined health and life goals.

Credentials Board Certifications or Re-certifications:

American Association of Nurse Practitioners: Adult-Geriatric Primary Care Nurse Practitioner

Professional Interests:

Mental Health | Dementia Care | End-of-life planning | Advanced Care Planning | Chronic disease management

Education: Doctor of Nursing Practice, College of St.

Scholastica, Duluth, MN | Bachelor of Science in Nursing, College of St. Scholastica, Duluth, MN



Anil Kumar
MD

About I have been involved with Family Medicine for over 20 years and appreciate the special bonds I have developed with my patients, especially older adults, whom I am grateful to serve with empathetic and compassionate care. I consider it a privilege to work with older adults and their families, learning daily from these repositories of living history, and believe their care is the most rewarding role in the practice of medicine.

Credentials Board Certifications or Re-certifications:

American Board of Family Medicine

Professional Interests: Chronic Disease Management | Mental Health | Volunteer Health Work | Treatment of underserved populations

Education: Ramsey Family and Community Medical Residency Program, St. Paul | Doctor of Medicine, Kasturba Medical College. Manipal | Bachelor of Science. University of Alberta. Edmonton, Canada

