





I have held several roles as an NP including a practice in long term care, short term rehab, on line telemedicine, and I have also had a leadership/management role supervising and leading 20 NPs. I prefer the bedside care of patients in long-term care and specifically enjoy managing chronic health conditions and helping patients and families with end of life decisions and comfort. My primary focus is in honoring patient's dignity and getting to know and understand their life history, work, passions and desires and what has brought them to the long term care setting. One of the most rewarding aspects of my career is the relationships that develop in caring for someone at the end of their journey in life.

- Board Certifications / Re-certifications: American Academy of Nurse Practitioners Certified Geriatric Nurse Practitioner
- Professional Interests: End of Life Care, Precepting
- Education: Masters of Science in Nursing, St. Catherine University, Bachelor of Science in Nursing, University of Minnesota

Anil Kumar, MD



I have been involved with Family Medicine for over 20 years and appreciate the special bond that I have been able to develop with my patients. I am especially grateful for the opportunity to work with senior patients to provide empathetic and compassionate care. I consider it a privilege to work with seniors and their families. I consider my senior friends to be repositories of living history and learn from them daily. I believe that care of our senior patients is the most rewarding role in the practice of medicine.

- Board Certifications / Re-certifications: American Board of Family Medicine
- Professional Interests: Chronic Disease Management, Mental Health, Volunteer Health Work, Treatment of Underserved Populations
- Education: Ramsey Family and Community Medical Residency Program, St. Paul, Doctor of Medicine, Kasturba Medical College, Manipal, Bachelor of Science, University of Alberta, Edmonton, Canada.