



Kaley Hagen, APRN, CNP



I am passionate about providing patient - and family-centered care while maintaining the highest quality of life for the patient. My approach is rooted in meeting patients and their families where they are, fostering trust, and building strong relationships as their provider.

I enjoy managing complex cases and chronic diseases and taking the time to ensure patients receive comprehensive, compassionate care. Through education and open communication, I empower patients and their families with a clear understanding of their health conditions, enabling them to make informed decisions about their care.

- Board Certifications / Re-certifications: American Academy of Nurse Practitioners (AANP)
- Professional Interests: Chronic Disease Management, End of Life Planning/Palliative Care
- Education: Bachelor of Science in Nursing: North Dakota State University, Fargo, ND. Master of Science in Nursing, Family Nurse Practitioner: Spring Arbor University, Spring Arbor, MI

Cynthia Carlson, MD



I worked in acute care family medicine for 31 years. Over time, I became aware of the complexity of caring for seniors and their special needs, which could not be met with the hectic pace and difficult patient experience of acute care. Geriatric medicine in a nursing home setting allows me to meet these special needs with empathy and compassion. I am a good listener and nursing home medicine gives me time to get to know my patients and their families.

- Board Certifications: American Board of Family Medicine, Member of American Academy of Family Physicians.
- Professional Interests: I have professional interests in health and wellness promotion, geriatric medicine, chronic disease management and preventive care. I have an interest in communication and the art of medicine.
- Education: Family Medicine Residency, North Memorial, University of Minnesota Doctor of Medicine, University of Minnesota, Twin Cities Bachelor of Arts, Bryn Mawr College - Philosophy