



I started my healthcare journey as a CNA 20 years ago working in different healthcare settings including nursing homes and hospitals. My interest in going back to school and becoming a Nurse Practitioner was motivated by my personal experience during my father's transition.

Dedicated to lifelong learning and patient-centered care, I am passionate about providing holistic, compassionate, individual-focused care and education to patients and their families. I strive to provide high-quality care to all my patients. I love creating a bond with my patients and their families.

- Board Certifications / Re-certifications: American Academy of Nurse Practitioners, Certified Adult-Gerontology Primary Care Nurse Practitioner (AGNP)
- Professional Interests: Palliative Care, End of life care
- Education: Doctor of Nursing Practice, St. Catherine University, Bachelor of Science in Nursing, Bethel University

Anil Kumar, MD



I have been involved with Family Medicine for over 20 years and appreciate the special bond that I have been able to develop with my patients. I am especially grateful for the opportunity to work with senior patients to provide empathetic and compassionate care. I consider it a privilege to work with seniors and their families. I consider my senior friends to be repositories of living history and learn from them daily. I believe that care of our senior patients is the most rewarding role in the practice of medicine.

- Board Certifications / Re-certifications: American Board of Family Medicine
- Professional Interests: Chronic Disease Management, Mental Health, Volunteer Health Work, Treatment of Underserved Populations
- Education: Ramsey Family and Community Medical Residency Program, St. Paul, Doctor of Medicine, Kasturba Medical College, Manipal, Bachelor of Science, University of Alberta, Edmonton, Canada.