Genevive

Natalie Cowell, APRN, CNP

I have been a Nurse Practitioner for 6 six years and a Registered nurse for over 14. I love caring for patients as if they are my family, deserving of compassion, honesty, patience, knowledge, and a little bit of humor. I provide patient-centered care, aiming to maintain quality of life by listening to each person's unique goals and implementing plans to reach them.

I love spending my free time with family, reading, and working in my gardens. I look forward to continuing my career at Genevive and building relationships with my patients and their families.

- Board Certifications / Re-certifications: American Nurses Credentialing Center/Adult Gerontological Primary Care Nurse Practitioner
- Professional Interests: Wound Care, Palliative Care, Chronic Disease Management, Mental Health
- Education: Master of Science, Nursing, St Catherine University, St. Paul, MN, Bachelor of Science, Nursing, Metropolitan State University, St. Paul, MN, Bachelor of Arts, History, University of Minnesota, Minneapolis, MN

Anil Kumar, MD

I have been involved with Family Medicine for over 20 years and appreciate the special bond that I have been able to develop with my patients. I am especially grateful for the opportunity to work with senior patients to provide empathetic and compassionate care. I consider it a privilege to work with seniors and their families. I consider my senior friends to be repositories of living history and learn from them daily. I believe that care of our senior patients is the most rewarding role in the practice of medicine.

- Board Certifications / Re-certifications: American Board of Family Medicine
- Professional Interests: Chronic Disease Management, Mental Health, Volunteer Health Work, Treatment of Underserved Populations
- Education: Ramsey Family and Community Medical Residency Program, St. Paul, Doctor of Medicine, Kasturba Medical College, Manipal, Bachelor of Science, University of Alberta, Edmonton, Canada.