

## Sarah Hintz Linder, DNP, APRN

I specialize in high-quality, evidence-based primary care and my goal is to enhance the quality of life for my patients through comprehensive, patient-centered care. With a history of wound care and non-operative spine management as a Nurse Practitioner and experience in the emergency room as a nurse, I enjoy managing a wide range of acute and chronic conditions efficiently and compassionately. I prioritize building strong, collaborative relationships with patients, their families and care teams. By treating each person as an individual rather than just a diagnosis or disease process, I ensure that their unique needs and best interests are always at the forefront. With a commitment to personalized medicine, I strive to empower patients through education and support, enabling them to make informed decisions about their health. Together we can promote optimal health and wellbeing.

- Board Certifications / Re-certifications: Adult Gerontology Nurse Practitioner
- Professional Interests: Chronic Disease Management, Advanced Care Planning, Wound Care
- Education: Doctor of Nursing Practice, St. Catherine University, Master of Science in Nursing, St. Catherine University, Bachelor of Science in Nursing, South Dakota State University, Bachelor of Science in Biology with chemistry minor, Northern State University





I love being a Family Practitioner because I believe that the best care comes from being able to put a person's medical issues in the context of the rest of their life. I spent the first dozen years of my practice providing full-spectrum primary care in a clinic setting, and time and again, my experiences there reinforced the importance of looking at the big picture. For the last few years, I've focused on taking care of seniors in long-term care settings, and I've continued to apply that approach. I try to get to know each of my patients - not only their medical history, but also their hobbies, their career, their family life, their goals and hopes. Each patient is unique and getting to know the whole person helps me provide the best care possible.

- Board Certifications / Re-certifications: Diplomate, American Board of Family Practice
- Professional Interests: Medical Director, Northfield Care Center
- Education: Family Medicine Residency, United Family Medicine, St. Paul, MN, Doctor of Medicine, University of Iowa College of Medicine, Iowa City, IA