



## Maria Keita, APRN, CNP



I believe there are better patient outcomes when patients are empowered to make their own health decisions. This means putting patients and their families at the center of our care model and helping them through their health Journey even if we do not always agree with the choices they make. In my years of experience, my patients and families have consistently commented that I am a good listener and I am thorough. My elderly patients feel value because they are the focus of my visit. Simple gesture of placing my chair at a position of direct eye contact with the patient is always much appreciated.

- Board Certifications / Re-certifications: Geriatric Nurse Practitioner, Adult Health Certified Clinical Nurse specialist
- Professional Interests: Geriatric patient centered care: Polypharmacy, Diabetes Management
- Education: University of Minnesota: Member of the Adult Gerontology Nurse Practitioner Advisory Council, School of Nursing, University of Minnesota

## Elizabeth Fairbairn, MD



My role is to help my patients live their best life by preventing disease when able, alleviating symptoms that affect their quality of life, and working to understand their individualized goals and values to guide their care. I have knowledge in managing chronic diseases, co-morbidities, and complex patients in both the acute and chronic settings. I use my own experience as a patient and a family member to guide my work with patients and their families.

- Board Certifications: American Board of Internal Medicine.
- Professional Interests: Empowering families and patients to participate in the goals of care, value based care, quality improvement, and advocacy for healthier communities.
- Education: University of Minnesota Medical School, University of Minnesota, Internal Medicine Residency