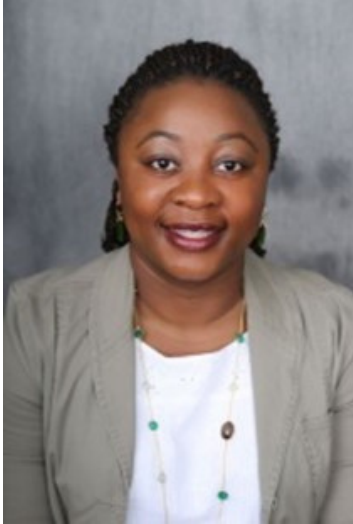




## NGUM NGWA, APRN, CNP



My interest in working with the geriatric population grew from my personal, work and educational experiences. I have come to embrace the holistic approach that is needed to care for adult and geriatric patients. This has enabled me to grow in other areas, such as being patient, being a great team player, and taking time to listen. I enjoy hearing the life stories my patients and families have to share. Though some days are challenging, the reward of making a difference in the life of my patients, small as it may be, far outweighs anything else. The more I am involved in the care of older adults, the more I count myself as privileged to be caring for such a special group of people.

- Board Certifications / Re-certifications: American Academy of Nurse Practitioners Certified Adult Nurse Practitioner. Member of American Medical Directors Association, MN Nurse Practitioners Association, American Academy of Nurse Practitioners, MN Medical Directors Association.
- Professional Interests: Volunteer to provide my medical knowledge through non-government organizations, church groups and such, in service to the poor and under privileged both here and abroad.
- Education: Masters of Science in Nursing, Metropolitan State University.

## Sandra Turbes, MD



I feel fortunate to have found the opportunity to provide quality care to elders at Genevive. Those in our care have reached a point of becoming more medically vulnerable, but they have survived a lot. I value taking the time to get to know each patient's story both medically and personally. My goal is to optimize every patient's care based on their individual health conditions, values, and needs. I strive to explain things in ways that patients and family members can understand, so that together, we can balance the benefits and risks of various options in treatment plans and overall care. What I love about my work is relationships - my relationships with patients and families, patients' connections with the important people in their lives, collaborative relationships in both long term care settings and home-based care, and the positive, collegial relationships at Genevive.

- Board Certifications / Re-certifications: Diplomate, American Board of Family Medicine.
- Professional Interests: Home-Based Care, End of Life Care, Palliative Care Spanish Speaking and Cross Cultural Care, Care of Underserved and Vulnerable Populations.
- Education: Swedish Family Medicine Residency, Washington, Doctor of Medicine, University of Minnesota, Twin Cities.