







I have held several roles as an NP including a practice in long term care, short term rehab, on line telemedicine, and I have also had a leadership/management role supervising and leading 20 NPs. I prefer the bedside care of patients in long-term care and specifically enjoy managing chronic health conditions and helping patients and families with end of life decisions and comfort. My primary focus is in honoring patient's dignity and getting to know and understand their life history, work, passions and desires and what has brought them to the long term care setting. One of the most rewarding aspects of my career is the relationships that develop in caring for someone at the end of their journey in life.

- Board Certifications / Re-certifications: American Academy of Nurse Practitioners Certified Geriatric Nurse Practitioner
- Professional Interests: End of Life Care, Precepting
- Education: Masters of Science in Nursing, St. Catherine University, Bachelor of Science in Nursing, University of Minnesota





After 31 years in a robust full-service family practice in Saint Paul, I am proud to have transitioned into my current role as a Geriatric Physician. I find that I learn continually from my patients and their families and hopefully educate them in return. I try to incorporate compassion, competence, and communication in my daily work. I find it a true privilege to attend to this special group of patients.

- Board Certifications / Re-certifications: Board Certified Diplomate, American Board of Family Medicine
- Education: Fairview St. Mary's Family Practice Residency, Minneapolis, MN 1987, University of Minnesota Medical School, Minneapolis, MN 1984, Medical Doctorate University of St. John's, Collegeville, MN 1979.