



## Melanie Ashfeld, APRN, CNP



I am passionate about providing medical care for adults and elders in the long term care and short term care settings to maintain the highest quality of life based on my patients personal goals of care.

- Board Certifications/Re-certifications: American Academy of Nurse Practitioners Certified Adult/Geriatric Nurse Practitioner
- Professional Interests: Dementia, Advanced Care Planning, Wound Care, Chronic Disease Management
- Education: Masters of Science in Nursing, St. Catherine University, Bachelor of Science in Nursing, St. Cloud State University

## Kelsi Nelson, MD



My first job in high school was as a Certified Nursing Assistant at a long term care center. Now, after more than fifteen years of practicing Family Medicine and Express Care Medicine, I find myself drawn back to that initial setting. I look forward to working with residents both in a transitional care setting and also those in long term care. My goal is to provide quality and compassionate care to each and every resident I encounter!

- Board Certifications/Re-certifications: Diplomate, American Board of Family Medicine, Member of American Medical Association, Member of American Academy of Family Practice
- Professional Interests: Quality of Life, Polypharmacy, Palliative Care, Patient Interaction, Mission Work both local and international
- Education: Family Medicine Residency, University of Minnesota, Doctor of Medicine, University of Minnesota, Twin Cities