



Samantha Giffrow, APRN, CNP



I am passionate about providing individualized patient care while maintaining dignity, comfort, and quality of life all based off the patient's goals of care. I enjoy working as part of a collaborative team to ensure the best outcomes for the patients and families we serve.

- Board Certifications / Re-certifications: American Association of Nurse Practitioners.
- Professional Interests: End of life care, Dementia and Alzheimer's disease, Advanced care planning.
- Education: Master of Science in nursing, Purdue University Global, Bachelor of Science in Nursing, Bemidji State University

Elizabeth Fairbairn, MD



My role is to help my patients live their best life by preventing disease when able, alleviating symptoms that affect their quality of life, and working to understand their individualized goals and values to guide their care. I have knowledge in managing chronic diseases, co-morbidities, and complex patients in both the acute and chronic settings. I use my own experience as a patient and a family member to guide my work with patients and their families.

- Board Certifications: American Board of Internal Medicine.
- Professional Interests: Empowering families and patients to participate in the goals of care, value based care, quality improvement, and advocacy for healthier communities.
- Education: University of Minnesota Medical School, University of Minnesota, Internal Medicine Residency