



Renee Doering, APRN, CNP



I really enjoy my work and working with older adults. I love hearing all the life stories, and working in a team environment like the nursing home. It is a privilege getting to know residents and their families, and I've taken care of a lot of people from the same families over the years. Sometimes I get to work with residents and their families for decades, other times just weeks. Either way I try to help them along their journey, and get to know what is important to them.

- Board Certifications / Re-certifications: American Nursing Certification Center Board Certified Geriatric Nurse Practitioner, 1997
- Professional Interests: Diabetes, Congestive Heart Failure
- Education: Masters of Science in Nursing, University of Minnesota, Twin Cities, 1997, Bachelor of Arts in Nursing, Luther College, 1992

Robert Helgren, MD



I am an Internal Medicine physician who values providing compassionate quality care to my patients. The last 25 years as an Internist has prepared me for my true niche - which is to partner with my senior patients and their families, to care for them with dignity and respect.

- Board Certifications / Re-certifications: Diplomate, American Board of Internal Medicine
- Professional Interests: Care planning for patients with complex diagnoses, Patient home visits, Listening to patients
- Education: Internal Medicine Residency, University of Minnesota, Doctor of Medicine, Wayne State University School of Medicine, Bachelor of Science, University of Michigan, Ann Arbor